

## 2018-2019 New Dimensions High School STUDENT-ATHLETE & PARENT CONTRACT

I understand that representing New Dimensions High School in athletics is a privilege that carries certain responsibilities. I understand that being part of New Dimensions High School sports program requires adhering to the following rules set forth by the coach, the athletic department, and the NDHS administration. Failure to follow these rules may result in the removal of all athletic privileges and the awards associated with these privileges.

Student-athlete:

I agree to:

- Conduct myself in a manner that reflects good sportsmanship at all times. This includes not being subjected to any disciplinary actions and having exceptional behavior in class. Any disciplinary issues may result in athletes being removed from athletic participation.
- Not engage in drug, alcohol, and tobacco use including the posting of photos depicting illegal activities.
- Not engage in actions that would bring discredit to myself, my team, my school, or my family.
- Maintain regular and consistent attendance and abide by all school policies and requirements.
- Maintain my academic eligibility – Student-athletes will be expected to earn and maintain A's B's, & C's at all points throughout the season. Any grade lower than a "C" may result in suspension from dressing for games until the grade is brought up. Student-athletes will be expected to print out a copy of grades and present it to a member of the coaching staff every other Friday. An updated grade report can be presented at any time to lift suspension.
- Treat my teammates, coaches, opponents, and officials with respect at all times.
- Participate fully in all scheduled events and activities.

Parent/Guardian:

I agree to:

- Show respect and positive support for coaches, officials, and student-athletes at all times.
- Be mindful of my role at all times, provide support, and not openly instructing players or interpreting the rules of the game.
- Recognize that school athletics are an extension of the classroom and support all team policies regarding sportsmanship, academic eligibility, and character.
- Use appropriate judgement and timing in discussing any concerns with coaching staff. Encourage my son/daughter to participate fully in all scheduled events and activities and "give it their all."

### ATTENDANCE

- Player attendance at practices and games/matches/meets are required and not optional. You cannot become a better player if you are not at practice.
- Practices will start at the designated time on the schedule which has been provided. Arrive 10 minutes prior to the start of practice to assist with set up. Do not arrive late.
- If a player misses a practice the day before game/match/meet without being absent from school due to illness they will not play in the game.
- Any player who misses 3 practices without being absent from school due to illness or excused from school for a family trip will be dismissed from the team. If a player misses 2 or more meets/matches (unless they are ill or involved in an academic event), they will be dismissed from the team.
- Varsity players will be in attendance for home JV games/matches and assist in any game duties as needed.
- JV players will be in attendance for home Varsity games/matches and assist in any other game related duties as needed.

## SPORTSMANSHIP and CONDUCT

- Positive attitude is everything; whether it is with teammates, officials, opponents, or among spectators.
- As teammates, you will support each other on and off the court. Everyone will make mistakes during a match, our goal is to learn from the mistake and move on to the next point.
- If the student/athlete receives any suspensions or behavioral referrals during the semester before or during the athletic seasons, they will be removed from the team.
- As parents and spectators in the stands, the team needs you to support all players equally, remain positive throughout the game, match, and/or meet and never question the referee or officials call.
- As parents, please do not try to tell your athlete what to do during the game, match, and/or meet. That is the coach's job. Also, do not approach the team during warm-up, when they are playing, or on the bench.

## PARENT HELP NEEDED

- The team needs your help with collecting admissions for home games/matches and working the concession stand. Each family is needed for one game/match for their athlete's team at either the admissions table and/or concession stand.
- You need to arrive 10 minutes earlier for JV and Varsity games/matches.
- Parents/guardians will be required to pick up their student-athlete immediately after the conclusion of practices or games. If the student-athlete is not picked up in a timely manner, the manner of sanction is left up to the coach's discretion and may include dismissal from the team.

Any violation of program policies and expectations will result in a phone conversation with parent/guardian (first offense), a meeting with parent/ guardian, athletic director and student-athlete (second offense), and a meeting with parent/guardian, athletic director and both school directors resulting in the potential removal of athletic privileges (third offense).

Player Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Cell#: \_\_\_\_\_

Parent/ Guardian Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_

Parent/ Guardian Name (printed): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Email: \_\_\_\_\_ Home#: \_\_\_\_\_ Cell#: \_\_\_\_\_